



## **“Wake Up”**

*By Shelley Hitz*

Welcome to the Find Your True Beauty Podcast! Girls, it's time to take a stand for true beauty. In a world that idolizes outer beauty, let's come together and learn to display our true beauty in Christ. Remember to check out all our free resources at our website, [FindYourTrueBeauty.com](http://FindYourTrueBeauty.com), to help you grow in your relationship with Jesus. We are here to encourage and support you so check them out. It's "FindYourTrueBeauty.com".

I want to share a story with you called, "Wake Up". Have you ever set your alarm the night before school or work or something like that and then realize you set the time but you never turned the alarm on? Oh my goodness! I have done this several times lately and I don't know what I'm thinking. I set my alarm; I think I'm all set for the day; and then when it comes around I am not waking up at the right time because I didn't turn it on. This happened the other day for work. I was working for the hospital that day as a physical therapist and I needed to be at work at 6 a.m. sharp. That is pretty early and I don't normally wake up on my own so I set the alarm and went to sleep. Well, what did I do? I didn't turn the alarm on! So, I turned over and am thinking oh, wow, I feel really rested like I got a lot of sleep. All of a sudden I look at my alarm clock and it says 5:45. I need to be at work in 15 minutes! I jump out of bed and rush around. Luckily, I didn't have to wash my hair and get a shower that day so I could hurry and get ready real quickly. I already had my lunch packed and out so I was able to get to work (I only live a few minutes away) and actually clock in to work with one minute to spare. Now, if I wouldn't have made it to work on time or if I would have overslept I would have gotten what is called "an occurrence." After you get so many occurrences you can get fired. So, this was a fairly big deal. I needed to be at work on time.

I just want to ask you something today. I'm wondering if you need to wake up spiritually, so to speak. Maybe you set your alarm. You know, you're going to church, you're going to youth group, every once in a while you crack open your Bible and you think you're okay. You think you are ready. You think you are ready for that day when Jesus comes back. That day they call "Judgment Day" when He will take those to heaven with Him, those who have a relationship with Him. But maybe you're just going through the motions or maybe you are just doing it for your friends or your parents. Maybe you have never truly asked Christ to come into your life. Maybe you have never truly repented. So, you think your "alarm" is on. You think you have done the things you need to do. You're a fairly good person, according to what you think, but you are really not ready. When that day comes, you could be awoken with an alarm and your

spirit saying, oh, no, I am not ready. Unlike my story, I was still able to make it. You know, you may not make it if you don't prepare now. So, what have you done with Jesus? Who is He in your life?

Jesus said of Himself, "I am the way, the truth and the life. No one comes to the Father except through Me." That is in John 14:6. Then, in Acts, chapter 4, verse 12, Peter, filled with the Holy Spirit, said this to the crowd. He said, "It is by the name of Jesus Christ of Nazareth whom you crucified but whom God raised from the dead that this man stands before you healed." Well, actually that was in verse 10, but he then goes on to say in verse 12, "Salvation is found in no one else. For there is no other name under heaven, given to men, by which we must be saved." Salvation is found in no one else or nothing else. Going to church is not going to make you saved. Going to a Christian school does not give you salvation. Reading your Bible, being in a Christian family, none of those things gives you salvation. You may think today that your alarm is set. You may think you are doing good; you are set for the day Jesus comes back, but I encourage you today to take a long, hard look within yourself, to examine yourself and to see where you stand with Jesus. Do you truly know him? Have you truly given your life to Him, surrendered everything to Him and truly repented? Not just say, oh, I want to do better but truly repented with your actions. Your life is going to be different. When you are a follower of Jesus and when you are finding your true beauty in Christ people are going to see the difference. They are going to see the change in your life.

So, I encourage you this morning; be prepared to wake up. When Jesus comes, don't wait another moment. Take some time right now to go to our website and find what I call the good test. You'll find a link on the left-hand side. Take it and just see what you think. Let me know where you're at and contact me. I could love to hear from you. Again, the website is, "FindYourTrueBeauty.com".



Shelley Hits is an ordinary person, just like you, with struggles and trials. And yet, God is doing extra-ordinary things through this "jar of clay." 2 Cor 4:7 says, *"We have this treasure in jars of clay to show that this all surpassing power is from God and not from us."*

Her heart is to help teen girls and women through her website, [www.FindYourTrueBeauty.com](http://www.FindYourTrueBeauty.com), that reaches thousands of people each month around the world with God's truth. She is also the author of the book, "Mirror Mirror...Am I Beautiful" and has co-authored a book with her husband CJ, "The Mathematics of Jesus, Making Sense of Life When Life Doesn't Seem to Add Up." Shelley's openness and vulnerability as she shares her own story of hope and healing will inspire and encourage you.

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